# **Conference Program RDAQ 2023**

THURSDAY 8 JUNE			
TIME	SESSION		
7:00	Pre-Conference and Conference Registrations	Venue: Ground level foyer	
7:15	RDAQ Pre-Conference Workshop 1: Pre-Hospital Emergency Care Registration from 7.15am, session starts 8am Please note this workshop is offsite.	Australian College of Rural & Remote Medicine WORLD LEADERS IN RURAL PRACTICE  Offsite: Cairns Cruise Terminal 3 Lawn	
7:15	RDAQ Pre-Conference Workshop 2: Mental Health Upskilling Workshop Registration from 7.15am, session starts 7:45am	JAMES COOK UNIVERSITY AUSTRALIA  Room: M1	
8:00	RDAQ Pre-Conference Workshop 3: Doctors in Training Rural Clinical Skills Registration from 7.15am, session starts 7:45am	Queensland Rural Generalist Pathway  Queensland Government  Room: M1	
14:30	Medical Students Orientation & Welcome	Room: M8	
14:30	Intern & Residents Orientation & Welcome	Room: M5	
15:45	Student Networking afternoon tea Interns & Residents Networking afternoon tea	Rural Doctors Foundation.  Caving: Committed: Connected  Room: City Terrace	
17:00	RDAQ 2023 Conference Welcome Conference opening: Prof Ruth Stewart - National Rural Health Commissioner Opening keynote address: Prof Kimberley Norris Rural Doctors Foundation Oration Dr Michael Rice and Fran Avon	JAMES COOK UNIVERSITY AUSTRALIA  Rural Doctors Foundation. Coving Committed Connected  Room: Auditorium C	
18:45 - 20:30	Conference Welcome Reception - including supper Celebrate the opening of RDAQ 2023 and mingle with colleagues, friends, and trade representatives.	Australian College of Rural & Remote Medicine WORLD LEADERS IN RURAL PRACTICE  Room: City Terrace	
20:30 onwards	Conversation Time — Networking After Party Cash bar only	Venue: Three Wolves	

SOM ENERGE I MOGNAM NEMA 2020 COMMINGED				
FRIDAY 9 JUNE				
TIME	SESSION			
7:30	Option 1: Rural Workforce Forum with seated breakfast Speakers: Dr Ross Maxwell, Sarah Venn Facilitator: Dr Sarah Gleeson			Health Workforce Queensland Room: Auditorium B
7:30	Option 2: RDAQ Drs in Rural Training Network Forum with breakfast on the go (For residents, registrars and medical students)			Rooms: M5 – M8
8:00	Option 3: Networking breakfast with exhibitors  **Room: Trade Exhibit – Auditorium A-D**			oom: Trade Exhibit – Auditorium A-D
8:55	Speaker: Dr Lara Friday morning p Facilitated by Dr	In the spotlight: Stay Connected: Inspiring remote doctor retention through Churchill Fellowship insights Speaker: Dr Lara Wieland Friday morning plenary: Deadly times - conversation with First Nations colleagues Facilitated by Dr Matt Masel with guests Dr Jason King and Donna Burns (CEO - AIDA) In conversation: The first of two sessions with government and opposition representatives.  PallConsult Support for clinicians delivering end-of-life care Room: Auditorium C		
10:30	Morning Tea		Ro	oom: Trade Exhibit – Auditorium A-D
11:05	CONCURRENT S	ESSIONS 1 - 4		
RDAQ	STREAM	CLINICAL STREAM	CONNECT & REFLECT STREAM	DOCTORS IN TRAINING STREAM
Rural & regional specialists network forum		LGBTIQ+ Health 101	Train the trainer: Supervision for rural professional practice	Bush Tours
Join your peers for an interactive forum for Qld doctors consulting in rural & regional communities in non-GP specialties. The session will look at network priorities for the next 12 months. Have your say & join the conversation.		There is old adage in medicine that more is missed from not looking than not knowing. But what should we be looking for and how to go about it in a respectful manner?	A case study approach will be used to discuss common elements of medical professionalism, including forming desired behaviours, detecting undesired behaviours, and consequences of unprofessional behaviour for students & doctors in training during rural placements.	Our enthusiastic tour guides will take small groups from region to region in a simulated tour of Qld.  Students & prevocational doctors can gather information about job opportunities, key contacts and learn what their colleagues love about living and working in rural and remote towns.
Ch	nairs:	Presenter:	Presenter:	Chair:

			8 4 4 4 4 4 4 4	and remote towns.
Chairs: Dr Hannah Bennett and Dr June Brundell Room: Auditorium B		Presenter: Vaughan McLachlan Room: Auditorium C	Presenter: Facilitated by Prof Aaron Hollins Room: M2-3	Chair: Dr Carolyn Belonogoff Room: M5-8
12:10	CONCURRENTS	SESSIONS 5 - 8		
RDAQ	STREAM	CLINICAL STREAM	CONNECT & REFLECT STREAM	DOCTORS IN TRAINING STREAM
Procedural &	maternity network	Things that bite and sting	Getting ahead financially during challenging times and protecting against unforeseen events	Intermediate skills in managing rural emergencies
Focused network forum: Part 1: 'Preeclampsia - Preventing adverse maternal outcomes as primary care physicians' Part 2: The training journey for endoscopy & surgical skills		It's not just the crocodiles you have to watch out for in in North Queensland, there are plenty of other things that can cause harm, and most are moving further south.  Sponsored by:	This session will offer proven strategies for success leading up to retirement, how to effectively position your personal balance sheet to achieve the postemployment lifestyle you have worked so hard for. Plus understand the benefits of building a personal financial decision-making model and how to structure insurance protection.	Managing musculoskeletal injuries in the bush. Bier block and shoulder dislocation. Prepping your emergency bag. Plus tips for your emergency kit for hiking, on a boat, or for a road trip.  Sponsored by:  JAMES COOK UNIVERSITY AUSTRALIA
Dr Bek Adams	Chairs: and Dr Clare Walker Auditorium B	Presenter: Dr Ruth Young Room: Auditorium C	Presenters: Andrew Albury and Richard Marsden Room: M2-3	Presenter: Dr Ian Condon Room: M4

FRIDAY 9 JUNE				
	TIME	SESSION		
	13:05	Lunch Room: Trade Exhibit – Auditorium A-D		
	14:00	In conversation: The second of two sessions with government and opposition representatives.  RDAQ Great Debate  Affirmative: Dr Liz Clarkson (Theodore Medical), Iyanuoluwa Araba (Bushfire - Bond) and Lakindu Jayasuriya (TROHPIQ - UQ).  Negative: Dr James Telfer (Stanthorpe Hospital), Kat Gutjahr-Holland (Hope4Health - Griffith) and Room: Auditorium C Finley Prentis (RHINO – JCU).  RDAQ Policy Forum: Peak body representatives and policy leaders will unpack key policy and the implications for communities and clinicians  Panellists: Dr Matt Masel, Dr RT Lewandowski, Dr Nick Yim, Ms Melissa Fox & Ms Tisshapaa Sivagnanan		
	16:15	Afternoon Tea	Room: Trade Exhibit – Auditorium A-D	
18:0	00 - 21:30	Friday Night Social Theme: weird science Join us for a night of fun, full of networking, delicious food, good entertainment and much more!	Venue: Hemingway's Brewery	

### Your safety and wellbeing is important to us.

We want RDAQ 2023 to be a supportive, non-judgemental, friendly, fun, inclusive, empowering and professional learning environment for everyone to enjoy.

Our 'Code of Conduct' helps to uphold these community values for our delegates, sponsors, volunteers and staff, this has been distributed to ALL RDAQ 2023 attendees.

You can read the code of conduct in full on page 17 of this handbook.

If you need support or wish to raise a concern, please consider the following options:

- a) Seek support or more information by speaking with one of our wellbeing team members. You can find their details in the conference app, on noticeboards at registration and in the conference toilets.
- b) Submit an incident report or raise a formal concern: Email Marg Moss, General Manager on <a href="mmoss@rdaq.com.au">mmoss@rdaq.com.au</a> (0400 428 213) OR our conference team via <a href="mailto:conference@rdaq.com.au">conference@rdaq.com.au</a>
- c) If the matter is an emergency and that you or others are not safe and need police assistance, please contact emergency services. We also have emergency contacts if support is needed from our team. These are located on page 4 of this handbook.

We are committed to committed to safety for our attendees, including feeling safe and supported to raise any concerns with us. Please do not hesitate to talk with us. Our team are here to assist you and support your RDAQ experience.

SATURDAY 10 JUNE				
TIME	SESSION			
7:00	Cairns Parkrun	Venue: Cairns Esplan	ade Yoga   The Yoga   Partners	hip Venue: Fig Tree Play Ground
7:50	Saturday Networking Breakfast		R	oom: Trade Exhibit – Auditorium A-D
8:25	Open of day 3 RDAQ Annual General Meeting: Vision for 2023			Room: Auditorium C
9:10	In the Spotlight: The Scenic Route  Speaker: Dr Jason King  Room: Auditorium C  Rural Maternity Plenary: The future of Queensland's rural maternity medical workforce			Room: Auditorium C
10:30	Morning Tea		R	oom: Trade Exhibit – Auditorium A-D
11:05	CONCURRENT S	SESSIONS 9 - 12		
RDAQ	STREAM	CLINICAL STREAM	CONNECT & REFLECT STREAM	DOCTORS IN TRAINING STREAM
RDAQ Drs Traine	d Overseas Network	Adventure vs Misadventure	Reflective Practice Masterclass - Finding meaning in medicine	
Join guest speakers from both generalist colleges will give a targeted update on the journey to fellowship.		When a patient's road trip to paradise turns into the highway to hell or their Barrier Reef experience lands them in (Cape) Tribulation, how are you going to manage the consequences? This workshop will explore the additional interventions that are required when responding to emergencies, shaped by the local environment.  Sponsored by:  THE UNIVERSITY	This session will actively engage senior clinicians in a guided reflective session centred around the meaning in medicine and the impact of your practice on yourselves.  This session is designed to "train the trainer" so that skills can be transfered to training or supervision in your own rural communities.	RDAQ Connect & Reflect program  Supported by:
Chair: Dr RT Lewandowski Room: Auditorium B		OF QUEENSLAND  AUSTRALIA  Presenter: Dr Kate Vogler Room: Auditorium C	Presenter: Dr Ebonney van der Meer and Prof Kimberley Norris Room: M2-3	Foundation. Coving-Committed-Covinected
12:10	CONCURRENT S	SESSIONS 13 - 16		
RDAQ	STREAM	CLINICAL STREAM	CONNECT & REFLECT STREAM	DOCTORS IN TRAINING STREAM
Rural general practice network		Hearts of the mega fit — Is endurance sport safe?	Reflection In Action - An exercise in creativity	Way Out Where
participatory for issues and pri members	olleagues for a orum focusing on orities for RDAQ is practicing primary care.	A clinical update on the latest in cardiac investigations, treatments and management for the rural GP. In keeping with the fact that the Cairns Triathlon is the week following RDAQ, there will also be a discussion about the cardiac impact of endurance.	This session teaches methods of reflection that can be used to support personal and professional growth, wellbeing and connection with peers. The facilitated creative activity session is developed in line with current CPD expectations around performance review and outcome measurement.	Identifying and managing tropical disease and common presentations in the far north.
Dr Matt Masel ar	nairs: nd Dr Danielle Allan uditorium B	Presenter: Dr Greg Starmer Room: Auditorium C	Presenter: Dr Ebonney van der Meer and Prof Kimberley Norris Room: M2-3	Presenter: Dr Katrina Starmer Room: M4-5

SATURDAY 10 JUNE				
TIME	SESSION			
12:55	Lunch	Room: Trade Exhibit – Auditorium A-D		
13:55	Rural Generalist Pathways Presentations	Queensland Rural Generalist Pathway  Room: Auditorium C		
14:20	Closing keynote address: Dr Lachlan McIver Saturday closing plenary: Rural Medicine - A Reason, A Season, A Lifetime Faciliated by Dr Alex Dunn with guests Dr Lachlan McIver, Dr Meech Freeman, Dr Richand Tan, Dr Lara Wieland	Room: Auditorium C		
15:35	Closing address – Incoming RDAQ President	Room: Auditorium C		
15:45	Afternoon Tea	Room: Registration Foyer		
18:30	Pre-Gala Dinner Drinks	Room: City Terrace		
18:00 - 23:30	David Horn Memorial Gala Dinner & Awards	Room: Auditorium B - C		



