

**RDAQ Pre-conference workshop: Assessment and Management of  
Acute Spinal Referred Pain Presentations**

**Thursday, 20 June 2024**

**Brisbane Convention & Exhibition Centre**

**Overview**

This workshop will cover the assessment and management of acute spinal referred pain presentations including neck pain with headache and dizziness, thoracic spinal pain with chest/abdominal pain and lumbar spinal pain with groin or thigh pain. It will be very interactive with participants learning and practising appropriate musculoskeletal examination skills and hands on management techniques with tutor feedback, discussing workshop cases.

**Facilitated by:** A/Prof Michael Yelland, Dr Geoff Harding, Dr Scott Masters

**This workshop has been accredited by:**



**RACGP**

Royal Australian College  
of General Practitioners



RACGP: 4 Educational Activities + 6 Reviewing Performance

ACRRM: 4 Educational Activities + 6 Reviewing Performance

**T:** 07 3105 7838

**E:** [conference@rdaq.com.au](mailto:conference@rdaq.com.au)

**W:** [conference.rdaq.com.au](http://conference.rdaq.com.au)

**A:** GPO BOX 1495 Brisbane QLD 4000

## Assessment and Management of Acute Spinal Referred Pain Presentations Program

**Facilitated by:** A/Prof Michael Yelland, Dr Geoff Harding, Dr Scott Masters



\*This program is subject to change

7.15 – 8.00am	Introduction including description of examination findings and layered palpation
7.45 – 9.15am	<ul style="list-style-type: none"> <li>• lumbar spine examination and related neural tension tests</li> <li>• assessment and management of acute abdominal/groin pain</li> <li>• Exercise and manual techniques for initial management.</li> </ul>
9.15 – 9.30am	Morning Tea
9.30 – 10.30am	Assessment and management of: <ul style="list-style-type: none"> <li>• acute low back pain</li> <li>• thigh pain including manual therapies</li> <li>• trigger point injections.</li> </ul>
10.30 – 11.45am	Musculoskeletal examination of: <ul style="list-style-type: none"> <li>• thoracic spine,</li> <li>• chest wall and abdomen</li> <li>• cervical spine and head</li> </ul>
11.45 – 12.30pm	Lunch
12.30 – 2.00pm	assessment and management of: <ul style="list-style-type: none"> <li>• acute chest /interscapular pain</li> <li>• acute onset of occipital headache and dizziness</li> </ul> <p>Exercise, manual and neve block techniques for initial management of the above.</p>
2.00 – 2.15pm	Afternoon Tea
2.15 – 3.00 pm	Case discussions supplied by participants with detailed feedback on diagnostic and management strategies.
3.00 – 3.30 pm	Panel discussion on management of workshop cases beyond the initial consultation Workshop evaluation