

# BOLD DREAMS BRIGHT FUTURES

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Annual Conference  
RACV Royal Pines Resort  
GOLD COAST  
24-26 June 2021



2021

## Mental Health Disorders Training for Rural Practitioners Thursday, 24 June 2021 RACV Royal Pines Resort Gold Coast

### Program

|               |   |
|---------------|---|
| 7:45 – 8:00   | Registration  |
| 8:00 – 9:30   | Welcome & workshop overview                                       |
|               | Topic 1: <i>Introduction to Mental Health Disorder Training</i>   |
|               | Topic 2: <i>Depression and Risk</i>                               |
| 9:30 – 9:45   | Morning tea   |
| 9:45 – 12:00  | Topic 3: <i>Planning: organising Chronic Care and Comorbidity</i> |
|               | Topic 4: <i>Anxiety and Somatisation</i>                          |
| 12:00 – 12:30 | Lunch   |
| 12:30 – 14:30 | Topic 5: <i>Patient Education and Support</i>                     |
| 14:30 – 14:45 | Afternoon tea   |
| 14:45 – 16:00 | Topic 6: <i>Using Medication and Chronic Care</i>                 |
| 16:00         | Workshop close  |

With thanks to our workshop sponsor:



Australian College of  
Rural & Remote Medicine  
WORLD LEADERS IN RURAL PRACTICE

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